



NATIONAL SPORTS DEVELOPMENT ASSOCIATION®

(LIFETIME ASSOCIATED WITH ASSOCIATION OF SPORTS DEVELOPMENT AND SPORTS SCIENCE)

A Complete Sports Development Unit In India

Ref. No.2016/NSDA/Official/NOPESS/2024-25/002

Dated: 01-05-2024

CIRCULAR

To

Respected

Vice-Chancellor/Dean Academic

Chairperson/Principal/Director/Head of Department

All Schools Principal/Head/Coordinator

Department of Physical Education

Department of Physical Education and Sports Sciences

Department of Sports Sciences and Medicine

Department of Physiotherapy and Rehabilitation

Greeting from the National Sports Development Association, India ®

Subject: National Olympiad of Physical Education and Sports Sciences Examination on 29th August, 2024

(National Sports Day of India)

Respected Sir/Mam,

I am privileged to inform you and your team that the birth anniversary of hockey legend Major Dhyan Chand on 29th August is celebrated as the National Sports Day of India. The National Sports Development Association®, with the collaboration of the Association of Sports Development and Sports Science, organizes the "National Olympiad of Physical Education and Sports Science Examination – 2024" on 29th August 2024.

An educational step towards physical education, health education, and sports knowledge awareness with the collaboration of the Association of Sports Development and Sports Sciences.

We request that you participate in the most prominent event titled "National Olympiad Physical Education and Sports Sciences Examination - 2024" on 29th August, 2024.

There are the following Categories for participation:

- School Level Student (Sub-Junior, Junior, and Senior)
- College/ Department/ University Level Student (UG and PG)
- All Ph.D. Scholars and Faculty Members

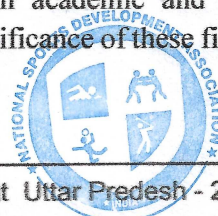
The main aims and objectives of the National Olympiad of Physical Education and Sports Sciences Examination can vary depending on the specific organization or institution hosting the event. However, typically, such Olympiads are designed to achieve several overarching goals:

- **Promotion of Physical Education and Sports Sciences:** The primary aim is to promote the importance of physical education and sports sciences in academic and practical contexts. By organizing such events, institutions aim to highlight the significance of these fields in fostering overall health, well-being, and societal development.

Registered Office : House Number-314 K, Basi Baghpat Uttar Pradesh - 250101

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- **Identifying and Nurturing Talent:** Olympiads provide a platform for identifying talented individuals in physical education and sports sciences. Through rigorous examinations and competitions, exceptional students are recognized and given opportunities for further development and advancement in their chosen disciplines.
- **Encouraging Academic Excellence:** These examinations aim to encourage academic excellence by challenging participants with comprehensive assessments covering various aspects of physical education and sports sciences. By setting high standards and rewarding outstanding performance, Olympiads motivate students to strive for academic excellence.
- **Fostering Healthy Competition:** Healthy competition is promoted among participants, encouraging them to push their boundaries and excel in their respective fields. The spirit of competition enhances individual performance and contributes to the advancement of physical education and sports sciences.
- **Knowledge Dissemination and Exchange:** Olympiads serve as a platform for disseminating and exchanging knowledge and ideas among participants, educators, and professionals in the field. Through interactions, workshops, and discussions, participants gain valuable insights and perspectives contributing to their academic and professional growth.
- **Creating Networking Opportunities:** These events provide networking opportunities for participants to connect with peers, mentors, and professionals in physical education and sports sciences. Building such networks can facilitate aspiring individuals' collaboration, mentorship, and career opportunities.
- **Promoting Lifelong Learning and Engagement:** Olympiads aim to instill a sense of lifelong learning and engagement among participants, encouraging them to continue their pursuit of knowledge and excellence beyond the competition. By fostering a passion for learning and discovery, these events contribute to the continuous advancement of physical education and sports sciences.

Overall, the National Olympiad of Physical Education and Sports Sciences Examination is a platform for promoting excellence, fostering talent, and advancing knowledge in physical education and sports sciences.

The Pattern of Examination:

- **Objective Type:** The examination comprises 100 Multiple Choice Questions.
- History of Indian Sports, Traditional Sports, Games, Yoga, etc.
- Fitness topics with particular emphasis on Indian traditional fitness methods.
- Olympics, Commonwealth Games, Asian Games, Khelo India Games, and other popular sports/games.
- Exercise and Sports Physiology
- Health Education
- Physical Education
- Sports Biochemistry
- Sports Biomechanics
- Sports Nutrition
- Sports Medicine
- Sports Sciences
- Sports Physiotherapy
- Sports Psychology
- Yoga Education, Etc.



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Duration of Examination	:	120 Minutes.
Mode of Examination	:	Internet-Based Test (Mobile App, Laptop Via Web URL)
Date of Examination	:	29 th August, 2024
For Online Registration Log on	:	https://nationalsportsolympiad.com
Registration Fees	:	450/- per student
Deceleration of Result on NOPESS official Website	:	To be announced later through the official website Within 2 Hours after the Examination Over

Academicians, Faculty Members, and Students are invited to participate in the National Olympiad of Physical Education and Sports Sciences Examination – 2024.

National Sports Development Association receives the online application of candidates from all over India from 5th May 2024 to 25th August 2024 through online mode.

Wishing you a good sports future!!

My best wishes and Warm Regards to all of you!!

Thank You!!

Sincerely Yours!!

Chairman

Mr. Prashant Kaushik
Founder/Chairman

Dated: 01-05-2024

Copy to:

1. Shri Anurag Singh Thakur, Hon'ble Youth and Sports Minister, MYAS, Govt. of India, New Delhi
2. Shri Dharmendra Pradhan, Hon'ble Education Minister, MOE, Govt. of India, New Delhi, India
3. Director General, Sports Authority of India, MYAS, Govt. of India, New Delhi, India
4. Ms. Sujata Chaturvedi, Secretary (Sports), MYAS, Govt. of India, New Delhi, India
5. Mrs. Meeta Rajivlochan, Secretary (Youth Affairs), MYAS, Govt. of India, New Delhi, India
6. Prof. Mamidala Jagadesh Kumar, Chairman, University Grants Commission, New Delhi, India.
7. Prof. Manish R. Joshi, Secretary, University Grants Commission, New Delhi, India
8. Shri K. Sanjay Murthy, Secretary of Higher Education, MOE, Govt. of India, New Delhi, India
9. Shri Sanjay Kumar, Secretary (SE &L), MOE, Govt. of India, New Delhi, India
10. COE, Examination Unit, National Sports Development Association, India

Dated: 01-05-2024



Mr. Prashant Kaushik
Founder/Chairman

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